

## Heart Attack info on New Aspirin

You should not lie down while waiting for the EMT

Just a reminder to all: purchase a box, keep one in your car, pocketbook, wallet, bedside, etc

**Bayer is making crystal aspirin to dissolve under the tongue. They work much faster than the tablets.**

### Why keep aspirin by your bedside?

There are other symptoms of an heart attack besides *the pain on the left arm*.

One must also be aware of an *intense pain on the chin*, as well as *nausea and lots of sweating*, however these symptoms may also occur less frequently.

**Note: There may be NO pain in the chest during a heart attack**

The majority of people (about 60%) who had a heart attack during their sleep, did not wake up. However, if it occurs, the chest pain may wake you up from your deep sleep.

**If that happens, *immediately dissolve two aspirins in your mouth* and swallow them with a bit of water. **CALL 911****