

[rebrick.lego.com](http://rebrick.lego.com)

**LEGO blocks aren't just for kids, you know. There are vibrant online communities where users of all ages show off their creations and find inspiration for more. There are so many things to see. But definitely be sure to browse through the collection of animal models.**

# 5 ways to watch your cholesterol, weight and heart

- [Lose It!](#) (iOS, Android; free) - Here's an app that helps you monitor your weight and calorie intake.
- [iHealth Blood Pressure Monitor](#) (iOS; \$100) - This app and accompanying iHealth BP Dock turns your iOS device into a powerful blood pressure monitor.

[myCholesterol](#) (iOS, Android; free) -  
Monitor and track your cholesterol  
over time with this app

**Link:** [www.theophilos.sk](http://www.theophilos.sk)

**System:** Windows XP, Vista, 7 **Cost:** Free

- **A powerful Bible study tool**
- The Bible is a rich text that can take a lifetime to study. It's even more difficult without the right study tools.
- Theophilos gives you some great free software and resources to make your Bible study fruitful. This download contains a King James Bible, commentaries and Bible dictionaries, and multimedia narration with pictures and sound.
- More reference books and Bible versions are available to download for a fee. You can also purchase a CD-ROM version containing more multimedia content and reference materials.

**Link:** [www.print-conductor.com](http://www.print-conductor.com)

**System:** Windows XP, Vista and 7

- Need to print a number of documents at once? Don't do it the hard way. Here's a tool that makes it a cinch.
- Need to print a number of documents at once?
- PrintConductor is a great tool for big printing jobs. You can print batches of documents without opening them one by one, which saves you time.
- Simply create a list of your Word, Excel, PowerPoint and PDF files. Then click the Print button and sit back.
- **Cost:** Free

**Link:** [www.learnoutloud.com](http://www.learnoutloud.com)

**System:** Windows XP, Vista, 7; OS X

- Tired of the same old music and videos on your gadget? Here's a site with hundreds of audio books, lectures, speeches, sermons and interviews.

**LearnOutLoud** has more than 5,000 titles, including audio books, lectures, speeches, sermons and interviews. Most titles can be downloaded, and some stream online, too.

- Note that the site also offers content for sale.

# EDIT VIDEOS EASILY

- [YouTube Editor](#) - If you're looking just to make videos to post on YouTube, you can use the simple editor provided by the site. You'll be able to cut clips from any video you've uploaded and rearrange them into a single video.
- You'll be able to add cool transitions and titles. There are also dozens of one-click enhancements like stabilization, color correction and filters.
- YouTube.com

# MORE WAYS TO EDIT VIDEOS

[Windows Live Movie Maker](#) - Windows Movie Maker has been around for a while. You may have even used it way back on Windows ME. It's made significant strides since its humble beginnings, and is actually a very serviceable NLE.

**Cost:** Free

**Link:** [www.windowslive.com/desktop/moviemaker](http://www.windowslive.com/desktop/moviemaker)

**System:** Windows Vista and 7



# Fix shaky video

vReveal will clean up camera noise, auto-correct color and contrast, and fix white balance. There's even a very cool feature that can turn video into panoramas instantly.

With one click, its award-winning algorithms can stabilize even bad shakes. The code was developed to aid in forensic investigations.

**Cost:** Free

**Link:** [www.vreveal.com](http://www.vreveal.com)

**System:** Windows XP, Vista, 7

# MORE ON VIDEO EDITING

- [Lightworks](#) - For a much more robust editing experience, try out Lightworks. Even though it's been used on Oscar-winning films, it's free!
- **Cost:** Free
- **Link:** [www.lightworksbeta.com](http://www.lightworksbeta.com)
- **System:** Windows XP, Vista, 7



## **Text for free**

Cell phone companies charge about \$25 a month for unlimited text messaging. That's a good chunk of cash every year. What if you could keep that money in your wallet?

You can make it happen with the textPlus app. It lets you text any American or Canadian cell phone. You can send picture messages and receive notifications as you would with any texting plan. Unlike standard texting, however, textPlus is free!

textPlus assigns you a number when you sign up. If you want to pick a specific number, you can buy one. It's free, but it's supported by advertising, so you'll see frequent ads.

It also works with the iPod touch and iPad. Your kids are probably begging for text messaging. This is a good alternative that won't break the bank.

**Cost:** Free    **Link:** [www.appbrain.com](http://www.appbrain.com)